and the Activities

MARY MARSHALL, Editor.

DAILY DEPARTMENT OF THE WASHINGTON HERALD

erCorrespondence is invited Address all communications to the Woman's Editor of The Washington Herald.

SATURDAY, JANUARY 25, 1963.

"Let's Organize!"

And now there's the "Woman's Twithe association in this city. Then earlier desserts League, and ever so many local move- son. Butter them, and spread half ments of women protesting against the with

press committee, start an educational and sugar over them, and serving with terest to others. There are women's anti- tard cake. Use little cakes, one for each degree of suffrage and anti-suffrage sen-timent, and all these organizations have officers, and all the other adjuncts of well-organized activity. It is a striking sive. One way to bake them is to peel characteristic of the women of the pres-

Comorrow's Menu

GHAPES SHOILED DYSTERS ON TOAST

DOUGHNUT OI NUMEON. HIERF SANDWICHES

HOT DHOCOLATE OXTAIL SOUP ROAST CHICKEN CRANBERRIES

LIMA BEANS

BIRD'S NEST SALAD ICE CREAM Broiled systems: Wash and down England.

MCALLOPED POTATOES

serve with sliced lemons on toast. Cheese sandwiches: Cut thin brend importance.

n rounds and on half of them put a hick layer of grated cheese. Press the n bot olive oil or butter. Serve very

with oil and vinegar, season with pep-ter and salt, and form into little nests. n each nest put little eggs formed of tream cheese rolled in minced parsley.
If of hard-boiled eggs, minced and nashed and held together with cream.

Fads and Fancies.

Fichus are back again, even or

coming to the stout figure.

The barrel and melon muffs con- Kirke, religious work director of the nue to be fashionable.



BANANA ECONOMIES

ream shop, at forty cents, will serve six persons. Ten cents worth of bananas of course, is highly desirable at times light Sleep Association. It sprang into mer, and if every time you forego having being in New sork this week and a it this winter and save ten or fifteen or twenty cents on a banana dessert resdy been planned. Lecturers are to carry interest in the new Freiburg treatment throughout the Eastern States and lice cream fund and at the same time besoon, no doubt, there will be a branch of come acquainted with many delicious less shoppers that it was little more than a whisper.

in the season there was the woman's banana toast. To make it prepare nurcotton movement, the Made in U. S. A. row sliges of bread, two for each pern a baking pan. Then cover them thin slices of bahana, neatly arwar. All around us there are movements, ranged, and cover with the other slices federations, associations and leagues. A Put in the oven until the bread is brown woman who counts herself at all promi. Then lift each little sandwich carefully wananas diced and served with grape

fruit or oranges, likewise diced, in des sert plasses, sweetened to taste, are deli-

person. r a layer of plain cake, and away to another vantage point, as was always the way
cover it with banana sliced rather thick reach him and grasp the promise that he held out to her.

Baked bananas are a standby in some them a teaspoonful each of sugar and will take fifteen or twenty min-

HOROSCOPE.

Saturday, January 23, 1915.

out of tashion in the rectiv. While the Sun and Uranus are n pinces held to be strongly evil, Mer-

> unn netivities. When the sway is uncertain it is well to

herry for writers. oblings and love affairs are reason-

are oncerned with matters of dress il were rashous of American origin will bring go on. fortunes to many designers, some of hom are women, it is said. It is prophraied that the vallways will

ifficial documents is prognosticated for

argo oysters and dip each in melted system. Then roll in the crumbs and one of the Southwestern States, aroll over-or under-a clear fire.

Anxiety for the governor of Illinois is

other rounds on these and fry brown trouble. Travel or change will not be

children born on this day may be rest-less in disposition and fond of roving. Delay in realizing their ambitions may be discouraging. They are likely to be "Just a moment," answere

Boys Will Hear Picture Stories. in charge of a series of combined mov ng picture shows and talks to be held

Sunday afternoon at the Y. M.

The first of these will be held in intruding at such a time?" the assembly hall of the Y. M. C. A. to-morrow afternoon at 5 o'clock. Mr. McMillan announced that George C.

"MADE IN U. S. A." PLEDGE

-For-

Readers of The Herald

Any woman interested in the Woman's National Made in U. S. A. League can join by signing this pledge and sending it to the national headquarters of the Woman's National Made in U. S. A. League, 503 Munsey Building, Washington, D. C. This is a chance to show your patriotism and to help your fellow-countrymen and women in all parts of the United States. There are no dues and no obligations except to make an effort to keep the pledge.

"Having read in The Washington Herald about the Made in U. S. A. League, I pledge myself for the welfare of our country, while the war lasts, to demand and buy, whenever possible, everything 'Made in U. S. A.,' and urge my friends to do likewise."

OLK WE TOUGH TO DASSING

TOMORROW.

By JULIA CHANDLER MANZ.

THE Girl sank down on the bottom step of the flight that led up to her hall bedroom, and stretched out her hands as if in pleading to some unseen Presence. She did not cry out, nor did the tears come, aland 10 cents worth of other ingredients though her gesture held all there is of pathos in the world. It said plainly will serve the same number. Ice gream, enough that her fountain of tears had long since become dry; that she had exhausted her small vocabulary in her prayers for a more even division of things temporal, and that the end of the day found her so fagged in mind and body that the remaining flight of steps to the comfortless room seemed to her just the straw that would break the camel's back.

"Today has been so cruel," she told herself in a voice that had grown so weary through the long hours of answering the useless questions of thought-

"You have me," came a cheerful note from the head of the stairs. Evidently it was familiar to The Girl, for she lifted her head and smiled Stokes. The executive committee is Miss feebly at the small ethereal figure that appeared to her more like a clear Mary Shaw, Mrs. Rheta Childe Dorr, white light than a materialization.

Miss Rose Young, Mrs. Mrs. J. Howe and Mrs. Frederick Boyd, Many promised. Evidently it was familiar to The Girl, for she lifted her head and smiled

woman who counts nersen at an promi-to a plate and serve with lemon sauce. often I change the whole outlook of a human life." nent has a dozen requests a month to well sweetened. "But" chiertes The Cirl "today has been

"Today is often cruel, but I am never so. Put your trust in me," answered Tomorrow, and there was so much of promise in his voice that The Alpin meeting. Banana shortcake can be made by Girl gathered her frayed pocket-book and shabby muff from the step upon ganize. They elect officers, get out memspreading siliced bananas between layers
bership blanks, keep minutes, have a of cake, sprinkling a little orange luice
body in a long sigh, and lifted her face toward the former of the weariness of her overtaxed

> And when she had gained the top of the flight the Presence had floated away to another vantage point, as was always the way when she tried to



"Sometimes I think you are just a poor, cheap fraud," The Girl called to are the number of marriages, the seers him, but he smiled back at her from his distance, and the smile assuaged Since Venus is believed to direct what- the pain at her heart, and brought new hope to her cheerless life.

LEMON JELLY Since Venus is believed to do women, the LEMON JELLY of first importance to women, the planet is encourasing today to all who it were not for the faith and the hope I have in Tomorrow I could never

Through innumerable unwise moves The Man's business had gotten into Make the following dressing: 1 spoonfull vinegar, 2 spoonfull oil, one-half have troubles, owing to the transportation of live stock. A stalke is indicated and an accident is foreshalowed.

A scanial due to the loss of valuable. Today.

"What a loathsome creature you are," said The Man to his companion. "I am what you made me," answered Today, reproachfully,

"And within the hour I die," continued the dejected Spirit. "Then," said The Man, "I will die with you. It is a good suggestion.

forefold. He will face problems of grave have made a mess of my life, and most of all of you. You were good to me Persons whose birthdate it is have at the dawn, but now that twilight gathers I see that it is all my fault. I tather a smister omen for the year.

Business and domestic affairs may cause have ruined you. We will go out together." So The Man put his affairs quickly in order while Today reminded him

that the evening shadows were lengthening, and that if he was to die with "I am getting weak-I am dying," whispered Today to The Man. "Just a moment," answered The Man.

An! while he hesitated there came to his consciousness a strange impression. At first it seemed like a message expressed through some medium other than words. Then distinctly it assumed sound.

"There is always Tomorrow and the possibilities it holds," came the words clearly to The Man's ear. "Who are you?" he questioned anxiously, "and what do you mean by

"I am Tomorrow," called the voice, and The Man grasped the hope that

came with the tone and hugged it close. "Why, yes," he said, "I had forgotten about Tomorrow. I was so closely companioned by Today that I had quite overlooked you."

before The Man's eyes, and from a distance held out hands that brimmed with wonderful, beautiful hope. "I am going," called Today weakly.

Whereupon the irridescent figure of the day yet to be born danced gayly

And The Man, turning to his dying companion, told him that when he

went he would go alone.

"For," he said, "I have Tomorrow."

The-Sick-a-Bed-Lady was so very ill that the doctors said she could no "You will go out into the Great Unknown with me at the setting of the

sun," said Today, as he stood beside her bed, and The-Sick-a-Bed-Lady would have held out her hand to him, had not she been stayed by a wonder-

dawn, and was afraid, because in all her life she had seen nothing so won-TRUE. I am Tomorrow, and in my hands I hold the gift of life and of her being and demanded of it belief in the promise of Tomorrow.

health. You have but to believe." was a mother, and the little feet that came and went down the hall on tiptoe standing alar off holding out his hands that were brimming full of life and rather stiff quality. Simply brush the needed her guidance above everything else in the world, and with all her being she yearned to believe the words that came to her ear.

But Today stood very near her bed, and upon his visage there was nothing of hope; nothing of assurance that by any possibility the words the doctors had spoken might not be true.

All through the hours he kept beside The-Sick-a-Bed-Lady, but just as had only "believed in Tomorrow."

To Lecture to Women on Boon of "Twilight Sleep"

At First Meeting of Twilight Sleep Association in New York, Plans to Spread Knowledge of the Freiburg Treatment Are Adopted.

At the first meeting of the Twilight leep Association, held in the Hotel Mc-Alpin on Wednesday, the following offi-cers were elected: President, Mrs. C. Temple Emmett, great-granddaughter of the original John Jacob Astor, the first American woman to undergo the Frei-burg treatment. Mrs. Emmett has had three children under the influence scopolamin, and has suffered no ill ef-fects, the bables being strong and sturdy in every way. First vice president, Mrs. Julian Heath; recording secretary, Mrs. Cecil Stewart; treasurer, Mrs. Frederic "Tomorrow!" she whispered.

"Yes," called down the glad young voice. "You always have me, you know, and nobody knows what wonderful things I hold in my hands. Why, often I change the whole outlook of a human life."

"But," objected The Girl, "today has been so cruel."

"And Mrs. Frederick Boyd. Many prominent society and club women attended and expressed their interest in the propaganda for spreading the news of this wonderful boon to womankind. Mrs. J. P. Morgan, Miss Anne Morgan, Mrs. Crystal Eastman Benedict, Mrs. Mary Ware Deponent and others interested in Ware Dennett and others interested the movement were at the Hotel Mc-

Mrs. Mark Boyd, who, with Mrs. Francis X. Carmody, is going to tour the country east of Chicago, lecturing on twillight sleep, said that the most striking feature of the treatment is the absolute oblivion to pain. She said she was nervous and depressed previous to the birth of her child, then added: "The were on exhibition at the McAlpin with certainty of no pain at the birth of the baby is one of the most important favorable facts. I went to sleep one night, and the next morning my baby was with me."

Were on Exhausted at the test twilight sleep babies were Mrs. their twilight sleep babies were Mrs. Fred Horr and girl baby. Mrs. Leah Wolff and son, Mrs. Hans Luederman and boy. Each woman told the same tale of no pain.



want women to urge physicians to give them twilight sleep, but to study it. We

McALPIN RECIPES

Especially prepared for The Herald by Chef Panchard, of the McAlphi Hotel, New York, who is recognized as one of the world's greatest cooks.



CHEF PANCHARD. at his deak at the McAlpin

New England Home Dinner.

Boston Scrod with Brown But New England Boiled Dinner Roast Turkey, Cranberry Sauce New Carrots in Cream Potatoes with Parsley

Frozen Egg Nogg Angel Cake

Anchovies as Appetizer

it fillets of anchovies, I tomatoe peeled, cut in quarters, 4 hard-boiled eggs. ut in slices, I heart of lettuce.

Make the following dressing: I spoonspoonful salt, pepper, 1 spoonful caper. Mix very well; put tomatoes, hard boiled egs, heart of lettuce minced fine, in a gether with the dressing; keep cool in the re box until used

and half with orange water ice and two-inch lengths; twelve small onions, lemon water ice. Decorate according to individual taste. In making this you can leaves, parsley, half a glass of beer, oneuse all kinds of fresh fruits in season.

Home Cooking. Carp, with Beer, Polish Style-Butter a days. Serve cold.

WOMAN DETECTIVE'S PUNCH. Quickly Subdues a Shoplifter in the Hotel McAlpin.

pecial to The Washington Herald. New York, Jan. 22 .- The busy corridors of the Hotel McAlpin rang with the cries of "stop thief!" yesterday afternoon. Mrs. M. Bowler, detective of one hand upperent to the nose which however. It is not

quarter glass good vinegar, two spoonfuls olive oil, salt and crushed pepper. Boil

fish pan and sprinkle with minced shal-

of the large Thirty-fourth street stores. had noticed a woman acting queerly sion. When taken to the Second at a counter where expensive shirt- Branch Detective Bureau, at Forty- waists were displayed and wighter to the nose which however. It is not economical. It two days, thinking that his domestics soon wrinkless and becomes shiny and would fast for that time, and thus save some expense. waists were displayed, and wishing to second street and Lexington avenue, confirm her suspicions followed the woman claimed Boston, Detroit. woman from the store. The woman and Philadelphia as her home. A search woman from the store. The woman disclosed an assortment of waists, darted across Thirty-fourth street, and disclosed an assortment of waists, seeing the door of the McAlpin ingloves, handkerchiefs, collarettes, rings, broaches, etc., enough to stock a small fing if real is vitingly open, started through the corridor with the detective at her heels. Nearing the main stairway the woman noticed that she was being followed and made a dash for the door. Mrs. Bowier, seeing her prisoner vanishing. Taised the cry of "stop thief!" and "shopping" trip.

faithful was that other Presence which radiated hope from the distance he was bound to keep.

"But you must believe in me," insisted Tomorrow over and over again, and The-Sick-a-Bed-Lady was so very weak and tired that she was not quite teakettle to concentrate the steam sure she had the strength to make the effort, until, toward twilight, she that comes from the boiling water into Lifting her eyes she looked upon a face that held all the gladness of the heard the doctors telling the youngest of her four that he must somehow stop ing sheets of metal. The velvet is his sobs, which penetrated to every room of the house; and afterward The draw back and forth, face upward, Husband came in and stood waiting with Today at her bedside.

and came in and stood waiting with Today at her bedside.

Then it was that The-Sick-a-Bed-Lady summoned the very essence of The water must be kept boiling and

Turning to The Husband she gave him a tender smile, and because she The heart of The-Sick-a-Bed-Lady gave a bound of happiness, for she was too weak to speak she merely nodded toward the precious Presence health if only The-Sick-a-Bed-Lady would believe.

of being—alone—and the doctors said that somehow a miracle had been wrought and that The-Sick-a-Bed-Lady would live.

Whereupon The-Sick-a-Bed-Lady answered back with a smile that she would never be used. A piece of orepe wound about the finger is the

Kafka's, F at 10th

This Mothers'-Day Sale Is a One-Day Sale Only

From 9 to 6 o'clock, we will

ANY SUIT

Broadcloth, Gabardine, Serge, Etc. Ladies and Misses, Black, Navy, Green, and Brown, none reserved

\$10.00

Any Coat, None Reserved 9 to 6 o'Clock Saturday \$8.50



January 23-Mary Ward.

ing religious figures in English history, was born on January 23, 1585. She is celebrated as the founder of the religious order for women founded on the rules of the Jesuits.

Mary was a daughter of an aristo-cratic family. She possessed great beauty and many accomplishments and her suitors were many and from the best families of the realm. But her heart was bent on the religious life and she would have none of them. When she was twenty-one she entered the severest order of St. Clare. Her work at the convent consisted of collecting alms, and as this left very little time for the meditation that she so greatly desired, she left the convent and found-ed an order of her own. In order to do fish pan and sprinkle with minced shal-lots and parsley. Lay the fish, previously cleaned, in the pan. Season with salt, pepper, thyme, and bay leaf. Cover half with beer. Sprinkle over bread crowned.

rith beer. Sprinkle over bread crumbs The next few years of her life saw and minced hard boiled eggs. Add few several changes and much traveling abbake for twenty minutes, according to was never long content to remain Size of the fish.

Beef Stew, Flemish Beer-Cut a beef flank in pieces two inches square. Put in herself called by a divine voice to ora sauce pan a layer of sliced onions and ganize an order for women patterne one layer of beef. Sprinkle a little flour on the order of the Jesuits.

one layer of beef. Sprinkle a little hour over this. Put another layer of onions, then a layer of beef, and cover with onions. Fill balf the pan with beer. Season with salt and pepper. Cover pan very tightly and let cook for two hours on a slow fre.

On a slow fre.

There was little peace in the life of Mary Ward. Once she was arrested and thrown into prison in London. She traveled frequently to Rome and enjoyed sometimes the favor and sometimes the disfavor of the Pope. She established religious houses all over Eu-Beer Soup, with Kummel-Slice a few tablished religious houses all over E Beer Soup, with Kummel-Slice a few onions very fine and brown them in butter. Add a spoonful caraway seed Let it brown very alightly, then add a glass of beer and a quart of beef broth. Boil for half an hour. Serve with toasted bread.

Pork Chops, with Paprika-Fry four pork chops to a nice brown. Lay them in a pan on a bed of smothered onlons. Sprinkle with paprika. Season with salt tablished religious houses all over Europe, a school for girls in Rome, and later a large convent which was the center for Catholics traveling in Rome. She was once in danger of being thrown into prison because of the charge that she had spoken publicly in London before an altar. She was confined for several years in a convent at Angers and there she nearly died because of the conditions.

Sprinkle with paprika. Season with salt Coupe Saint Jacques.

Pineapple, Apple, Orange, Pears, sliced and mixed with sugar to taste, flavor and mixed with sugar to taste, flavor toes. Add a glass of beer and some stock with maraschino and kirsh. Fill to three-cover tight and bake in the oven for one hour.

Rest—Two cells cut in Munich, but she had branch houses in a pan on a bed of smothered onions, sprinkle with paprika. Season with an High unhealthfulness of the conductive finally the Pope was won by her patience, and before her death she received papal sanction for the work that she had one for religion. The head-quarters of her order was located in Munich, but she had branch houses in the conductive finally the Pope was won by her patience, and before her death she received papal sanction for the work that she had one for religion. The head-quarters of her order was located in Munich, but she had branch houses in the conductive finally the pope was won by her patience, and before her death she received papal sanction for the work that she had branch houses in the conductive finally the Pope was won by her patience, and before her death she received papal sanction for the work that she had branch houses in the conductive finally the Pope was won by her patience, and before her death she received papal sanction for the work that the unhealthfulness of the unhealthfulness of the unhealthfulness of the conductive finally the Pope was won by her patience, and before her death she received papal sanction for the work that the unhealthfulness of the unhealthfulness of the conductive finally the pope was won by her pat Munich, but she had branch houses in whom she classed with Ibsen as the England, Ireland, Germany, Asia, Af-

Velvet-For and Against.

rica, and America.

for ten minutes, and let it stand for two Velvet is one of the most poular the winter fabrics this season. dashed in pursuit. Others joined in the Whether women like it or not, this is chase, and Chief of Detectiges A. G. a fact. Most women do like it and. Dennison appeared on the scene, and for that matter, most men do, too. To with his assistants and a squad of self- men it seems to stand for prosperity appointed deputies in hot pursuit, the shoplifter was soon run down.

The woman fought with Mrs Bowler

And there is a richness about it that

There are some things against velvet who has to count her clothes as she does her pennies. The woman who can be a bit lavish in her dress allowmakes a thoroughly appropriate winter street suit, especially when it trimmed with fur.

It is possible to freshen up velvet that has become wrinkled. Of course, it cannot be pressed smooth. But it can be smoothed over steam. Special little devices to press over the spouts of teakettles are sold for the purpose of steaming velvet. These devices are pressed over the spouts of the over this little line of steam-and it the velvet must be evenly manipu-

The best way to remove dust from surface of the velvet back and forth And when she awakened from her wonderful sleep Today had slipped out with the crepe. A velvet brush can also be used to remove the dust from orepe wound about the finger is the best thing for cleaning velvet hals.



Choice of Any Shoes in the House

and Slippers. Values to \$5.00. Only small sizes left.

ing from bustness COLONIAL SHOE SHOP

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UTOPIA DEPENDS UPON IDEALS.

The lecturer was introduced by Miss

world's greatest champions of the eman-cipation of woman.

Edith Westcott. Mrs. Ellis spoke in par-ticular of the works of Olive Schreiner.

Miserliness as Insanity. Miserliness is a form of insanity

from other persons. places is a characteristic of misers. Disinclination to social intercourse is another characteristic. Some of the famous misers ate dis-

they possessed hundreds of thousands One famous miser "played dead" for

"Do not proceed to count your money on the street corner or street car, as

Baby's Happiness Depends On Health

some one may deprive you of the pleas-

Cross, fretful babies usually need a laxative to make them comfortable, and comfort be-gets happiness. Constipation is the cause of much discomfort. Mothers should watch closely the condition of their children's bowels and see that

they are regular. A mild, pleasant tasting laxative such as Dr. Caldwell's Syrup Pepsin, is ideal for children because of its natural composition and gentle action, and because it contains no opiate, narcotic or other harmful habitforming drug. Dr. Caldwell's Syrup Pepsin is sold by druggists everywhere. A teaspoonful at bedtime will bring easy, certain relief.

A free trial bottle can be ob-tained by writing to Dr. W. B. Caldwell, 452 Washington St., Monticello, Ill.